



# Mood boosting

## WORDSEARCH



Find the following words in the puzzle. Words are hidden **↑ ↓ → ←** and **↘**

ACTIVITY

ACTIVITY CHART

BEST FRIEND

CAKE

ENCOURAGING

ENJOYMENT

EXERCISE

FULFILMENT

FUN

GRATITUDE

HAPPINESS

HOBBIES

LEARNING

LOVING PARROT

MEANING

MOOD BOOSTING

REWARD

SELF-HUG

SELF-TALK

UNIQUE



# Mood boosting



## WORDSEARCH SOLUTION

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. . . E . A T N E M L I F L U F . . N U F . .
L F S N . C R . Y T I V I T C A . . . . . G .
E U S C . T E . . E N J O Y M E N T H . . R .
A L E O L I W . . G U H F L E S . . A G . A T
R F N U O V A . . . S E I B B O H . P N . T R
N I I R V I R G N I G A R U O C N E P I . I A
I L P A I T D . . M O O D B O O S T I N G T H
N M P G N Y E S I C R E X E . . . . N A F U C
G E A I G C G R A T I T U D E . . . E E U D Y
. N H N P H E . . G N I N R A E L . S M N E T
. T . G A A U D N E I R F T S E B . S . . . I
. . . . R R Q . . . . . A C T I V I T Y . V
. . . . R T I . . . L O V I N G P A R R O T I
. . . . O T N E M Y O J N E S E L F T A L K T
C A K E T . U D N E I R F T S E B . C A K E C
. H O B B I E S . . . E S I C R E X E . . . A

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