

Taming your anger

WORDSEARCH



Find the following words in the puzzle. Words are hidden and

ACTION

DISTRACTION

RELATIONSHIPS

CALM

EXERCISE

SUCCESS

CALM MIND

HALT

SWEET TRICK

CELEBRATE SUCCESS

LABELS

TERRIBLE SCALE

COLD COALS

LION TAMING

TIME OUT

CONTROL

OBJECTIVITY

TRIGGERS

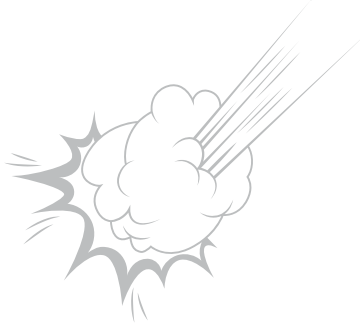
DEEP BREATHING

PATIENCE





Taming your anger



WORDSEARCH SOLUTION

.	P	S	L	A	O	C	D	L	O	C
.	.	L	N	A	R	D	N	I	M	M	L	A	C
.	.	I	O	T	E	S	S	E	C	C	U	S	.	.
.	.	O	I	I	L
.	.	N	T	E	A
.	.	T	C	C	O	N	T	R	O	L
.	.	A	A	C	I
.	.	M	E	O	.	.	C
.	.	I	T	E	R	R	I	B	L	E	S	C	A	L	E	N	.	A
.	.	N	.	D	I	S	T	R	A	C	T	I	O	N	.	S	.	L	.	H	L	.	.
.	.	G	.	G	N	I	H	T	A	E	R	B	P	E	E	D	.	H	M	.	A	A	.
.	S	R	E	G	G	I	R	T	U	O	E	M	I	T	I	.	L	B	.
.	K	C	I	R	T	T	E	E	W	S	P	T	E	.	.
.	.	.	S	S	E	C	C	U	S	E	T	A	R	B	E	L	E	C	.	.	S	L	.
.	.	.	E	X	E	R	C	I	S	E	S
.	.	.	O	B	J	E	C	T	I	V	I	T	Y

- | | | |
|-------------------|-------------|----------------|
| ACTION | DISTRACTION | RELATIONSHIPS |
| CALM | EXERCISE | SUCCESS |
| CALM MIND | HALT | SWEET TRICK |
| CELEBRATE SUCCESS | LABELS | TERRIBLE SCALE |
| COLD COALS | LION TAMING | TIME OUT |
| CONTROL | OBJECTIVITY | TRIGGERS |
| DEEP BREATHING | PATIENCE | |

